



New menu starting Monday 3rd June 2019 on week 1



Merrylands Primary School Summer Menu June 2019 – October 2019

WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Sticky BBQ chicken strips	Harry Ramsdens battered fish	Pasta bolognaise	Sausages and gravy	Chicken burger
Green Choice	Quorn pieces with BBQ sauce	Cheddar whirl	Quorn pasta bolognaise	Quorn sausages	Quorn burger
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Rice	Potato wedges	Fusilli pasta	Creamed potato	Chips
Vegetables	Sweetcorn	Baked beans	Peas	Broccoli	Salad bar
Dessert	Pancakes and golden syrup	Lemon drizzle cake	Choc Ice	Chocolate chip cookies	Ice cream
Available daily	Salad bar, fresh fruit, choice of yoghurts				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayonnaise, cheese and beans, cheese, beans				

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WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Bacon and macaroni cheese	Sweet and sour chicken	Minced beef pie	Chicken and tomato pasta bake	Fish fingers
Green Choice	Macaroni cheese	Sweet and sour Quorn pieces	Quorn mince pie	Cheese and tomato pasta bake	Vegetarian nuggets
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Fusilli pasta	Rice	Creamed potato	Fusilli pasta	Potato smiley faces
Vegetables	Peas	Sweetcorn	Broccoli	Peas	Baked beans
Dessert	Golden syrup flapjack	Chocolate marble cake	Jelly	Jam tart	Ice cream
Available daily	Salad bar, fresh fruit, choice of yoghurts				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayonnaise, cheese and beans, cheese, beans				

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WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Chicken tikka masala	Beef pasticcio	Chicken pie	Sausage roll	Cheese and tomato pizza
Green Choice	Quorn tikka masala	Quorn pasticcio	Quorn pie	Quorn sausage roll	Cheese and tomato pizza
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Rice	Fusilli pasta	Creamed potato	Potato waffle	Warm tomato pasta
Vegetables	Peas	Sweetcorn	Carrots	Spaghetti hoops	Salad bar
Dessert	Iced sponge cake	Jelly	Arctic roll	Tray bake chocolate cake	Ice cream
Available daily	Salad bar, fresh fruit, choice of yoghurts				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayonnaise, cheese and beans, cheese, beans				