



New menu starting Monday 25th February on week 1



Merrylands Primary School Spring Menu February 2019 – May 2019

WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Sweet and sour chicken	Beef lasagne	Toad in the hole	Chicken burger	Fish fingers
Green Choice	Sweet and sour Quorn nuggets	Quorn lasagne	Quorn sausage toad in the hole	Quorn burger	Fish fingers
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Rice	Garlic bread	Creamed potato	Chips	Mini potato waffles
Vegetables	Sweetcorn	Peas	Broccoli	Salad bar	Peas
Dessert	Jam tart	Double chocolate mini muffin	Fruit flavoured jelly	Iced tray bake cake	Strawberry ice cream
Available daily	Salad bar, bread, crackers, fresh fruit, choice of yoghurts, high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				

Merrylands Primary School Spring Menu February 2019 – May 2019

WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Chicken korma	Sausage roll	Chicken pie	Fusilli pasta bolognaise	Breaded fish cake
Green Choice	Quorn korma	Cheesy omelette	Quorn pie	Quorn bolognaise	Breaded fish cake
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Rice	Mini waffles	Creamed potato	Garlic bread	Potato smiley faces
Vegetables	Peas	Mixed vegetables	Carrots	Salad bar	Baked beans
Dessert	Pancakes with golden syrup	Chocolate cake and chocolate custard	Fruit flavoured jelly	Lemon drizzle cake	Vanilla ice cream
Available daily	Salad bar, bread, crackers, fresh fruit, choice of yoghurts, high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				

Merrylands Primary School Spring Menu February 2019 – May 2019

WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Chicken and tomato pasta bake	Chilli con carne	Roast turkey served with Yorkshire pudding and gravy	Cowboy casserole	Fish fingers
Green Choice	Vegetable pasta bake	Quorn chilli con carne	Roasted Quorn fillet	Cheddar whirl	Fish fingers
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Fusilli pasta	Rice	Roast Potatoes	Creamed potato	Chips
Vegetables	Sweetcorn	Mixed vegetables	Broccoli / carrots	Baked beans	Spaghetti hoops
Dessert	Frozen strawberry yoghurt	Chocolate marble cake	Shortbread biscuits	Golden syrup flapjack	Chocolate ice cream
Available daily	Salad bar, bread, crackers, fresh fruit, choice of yoghurts, high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				

