

New menu starting Monday 29th October on week 1

Merrylands Primary School Winter Menu November 2018 – February 2019					
WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Italian beef meatballs with Fusilli pasta	All day breakfast	Chicken pie	Pepperoni pizza	Battered fish
Green Choice	Quorn meatballs with Fusilli pasta	All day vegetarian breakfast	Quorn pie	Cheese and tomato pizza	Battered fish
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Garlic bread	Hash brown	Creamed potato	Warm tomato pasta	Potato smiley faces
Vegetables	Peas	Baked beans	Mixed vegetables	Salad bar	Peas
Dessert	Chocolate marble cake and chocolate custard	Fruit flavoured jelly	Golden syrup flapjack	Iced sponge cake	Strawberry ice cream
Available daily	Salad bar, bread, crackers, fresh fruit, choice of yoghurts, high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				

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WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Fusilli pasta bolognaise	Sticky BBQ chicken strips	Roast pork served with Yorkshire pudding and gravy	Minced beef pie	Salmon goujons
Green Choice	Quorn bolognaise	Quorn pieces with sticky BBQ sauce	Roasted Quorn fillet	Quorn mince pie	Salmon goujons
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Garlic bread	Rice	Roast potatoes	Creamed potato	Chips
Vegetables	Salad bar	Sweetcorn	Broccoli / carrots	Whole green beans	Spaghetti hoops
Dessert	Lemon drizzle cake and custard	Chocolate muffin	Shortbread biscuits	Fruit flavoured jelly	Chocolate ice cream
Available daily	Salad bar, bread, crackers, fresh fruit, choice of yoghurts, high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				

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WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Bacon and macaroni cheese	Chicken tikka masala	Toad in the hole	Southern style chicken goujons	Fish fingers
Green Choice	Macaroni cheese	Quorn tikka masala	Quorn sausage toad in the hole	Southern style Quorn bites	Fish fingers
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Garlic bread	Rice	Creamed potato	Mini rosti potato bites	Mini potato waffles
Vegetables	Salad bar	Peas	Broccoli	Mixed vegetables	Peas / sweetcorn
Dessert	Jam tart	Fruit flavoured jelly	Pancakes with golden syrup	Chocolate cake and chocolate custard	Vanilla ice cream
Available daily	Salad bar, bread, crackers, fresh fruit, choice of yoghurts, high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				