

New menu starting Monday 19th February on week 1

Merrylands Primary School Spring Menu February 2018 – May 2018					
WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Fish fingers	Fusilli pasta bolognaise	Butcher's roast turkey served with gravy and Yorkshire Pudding	Chicken and tomato pasta bake	All day breakfast
Green Choice	Cheesy omelette	Quorn bolognaise	Roasted Quorn fillet	Vegetable pasta bake	All day vegetarian breakfast
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Saut�ed potatoes	Garlic bread	Roast potatoes	Fusilli pasta	Hash brown
Vegetables	Baked beans	Salad bar	Peas / carrots	Sweetcorn	Baked beans
Dessert	Golden syrup flapjack	Chocolate marble cake and custard	Frozen raspberry ripple mousse	Fruit favoured jelly	Cheese and biscuits
Available daily	Salad bar, bread, fresh fruit and choice of yoghurts and high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				

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WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Bacon and macaroni cheese	Chicken korma	Roast pork served with gravy and Yorkshire Pudding	Chicken pie	Sausage baguette
Green Choice	Macaroni cheese	Quorn korma	Roasted Quorn fillet	Quorn pie	Quorn sausage baguette
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Garlic bread	Rice	Roast potatoes	Creamed potato	Bread
Vegetables	Salad bar	Peas / sweetcorn	Carrots / broccoli	Mixed vegetables	Salad bar
Dessert	Chocolate chip cookies	Iced sponge cake	Vanilla ice-cream	Fruit favoured jelly	Lemon drizzle cake
Available daily	Salad bar, bread, fresh fruit and choice of yoghurts and high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				

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WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Cheese and tomato pizza	Battered chicken pieces with BBQ sauce	Toad in the hole	Italian beef meatballs with Penne pasta	Chicken burger served in a bun
Green Choice	Cheese and tomato pizza	Southern crumbed Quorn bites with BBQ sauce	Quorn sausage toad in the hole	Quorn meatballs with Penne pasta	Quorn burger served in a bun
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Warm tomato pasta	Rice	creamed potato	Garlic bread	Chips
Vegetables	Salad bar	Peas	Broccoli	Salad bar	Baked beans
Dessert	Vanilla ice-cream	Pancakes with golden syrup	Chocolate chip muffin	Jam tarts	Shortbread biscuits
Available daily	Salad bar, bread, fresh fruit and choice of yoghurts and high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				