

New menu starting Monday 30th October on week 1

Merrylands Primary School Spring Menu November 2017 – February 2018					
WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Chicken korma	Fusilli pasta bolognaise	Sausages served with Yorkshire Pudding	Fish fingers	Chicken burger served in a bun
Green Choice	Quorn korma	Quorn bolognaise	Quorn sausages	Cheddar, tomato and basil whirls	Quorn burger served in a bun
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Rice	Garlic bread	Creamed potato	Herby diced potatoes	Chips
Vegetables	Salad bar	Peas	Broccoli	Baked beans	Salad bar
Dessert	Chocolate sponge cake and chocolate custard	Fruit flavoured jelly	Chocolate chip cookies	Homemade jam and coconut sponge cake with custard	Vanilla ice cream
Available daily	Salad bar, bread, fresh fruit and choice of yoghurts and high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				

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WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Southern crumbed chicken bites	Beef lasagne	Minced beef cottage pie	Cheese and tomato pizza	All day breakfast
Green Choice	Southern crumbed Quorn bites	Cheese and vegetable pasta bake	Quorn mince cottage pie	Cheese and tomato pizza	All day vegetarian breakfast
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Spaghetti in tomato sauce	Garlic bread	Creamed potato	Warm tomato pasta	Hash brown
Vegetables	Salad bar	Peas	Carrots	Salad bar	Baked beans
Dessert	Iced sponge and custard	Strawberry ice cream and a wafer	Apple pie and custard	Fruit favoured jelly	Shortbread biscuits
Available daily	Salad bar, bread, fresh fruit and choice of yoghurts and high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				

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WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice	Bacon and macaroni cheese	Chicken pie	Butcher's roast turkey served with gravy and Yorkshire Pudding	Sausage roll	Sweet and sour chicken
Green Choice	Macaroni cheese	Quorn pie	Roasted Quorn fillet	Vegetarian sausage roll	Sweet and sour Quorn pieces
Yellow Choice	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling	Baguette with choice of filling
Blue Choice	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling	Baked jacket potato with choice of filling
Carbohydrate	Garlic bread	Creamed potato	Roast potatoes	Chips	Rice
Vegetables	Salad bar	Carrots	Carrots / broccoli	Baked beans	Salad bar
Dessert	Pancakes	Rice pudding	Assorted jam tart	Chocolate marble cake and custard	Chocolate chip muffin
Available daily	Salad bar, bread, fresh fruit and choice of yoghurts and high juice				
Baguette filling	Cheese, cheese and ham, ham, tuna mayonnaise				
Jacket potato filling	Tuna mayo, cheese and beans, cheese, beans or butter				